

Self-Defense Part 2

Self-defense techniques are a must in the world we live in. Sandy with Budokai Martial Arts has returned to take us a bit further in learning self-defense moves and what to do if you are approached by the unthinkable. Adults only. Go to mrcpl.org/calendar to register online or call your local library.



Tuesday, January 7

Lexington Branch 6 PM

419.884.2500



Thursday, January 9

Plymouth Branch 6 PM

419.687.5655



Thursday, January 16

Ontario Branch 6 PM

419.529.4912

Tuesday, February 4

Butler Branch 6 PM

419.883.2220



Adult Program