



Better Living, Better You

We are partnering with Pamer Chiropractic to bring you amazing motivational information on ways to make your future shine! Each month over the summer, we will showcase a different subject.

Maximizing Your Potential!

Thursday, June 14

Main Library 6 PM

Please join us to learn how to tune in, inspire and lead your way to maximizing your potential! Go to mrcpl.org/calendar to register online or call 419.521.3110.

Easing Arthritis Pain!

Tuesday, July 24

Main Library 1 PM

This month we will focus on natural ways to ease the pain of arthritis. Go to mrcpl.org/calendar to register online or call 419.521.3110.

Backpack Check and Packing Healthy Lunches!

Thursday, August 16

Main Library 6 PM

Before school resumes, bring your child to the Children's Department at Main Library with their backpack for a weight distribution and spine alignment check! We will also be discussing creative ways to pack healthy lunches.